

Reprinted from Daily Lift, May 7, 2012.

Republished with permission of the Christian Science Publishing Society. All rights reserved.

Stay in the Kingdom of God

By Elise L. Moore, C.S.B.

My dad felt ill and visited a Christian Science practitioner, which is a person who heals through prayer. The practitioner asked my dad how he had been praying, and when he told him, the practitioner said, "Get into the kingdom of heaven and stay there." What an epiphany! My dad had been going back and forth between praying and worrying, affirming God's power and then checking the body. Get into the kingdom of heaven and stay there meant become conscious of God's love and power and then stay with that spiritual consciousness. Stop watching the physical. My dad was healed by the next day.

The kingdom of heaven is the consciousness of God. Jesus said, "Thy kingdom come. Thy will be done in earth as it is in heaven." God's kingdom isn't a future place but the consciousness of God right here and now.

How do we enter God's kingdom? By being conscious of God's goodness, God's power and grace embracing you, here. We enter the kingdom of God through Christ, the spiritual sense of life. Then stay there. Stay with the Christly consciousness which uplifts and heals you. So today, let's get into the kingdom of heaven, the consciousness of God and stay there. Let's stay with the spiritual. It can heal and transform you.